M-1 Emergency Mental Health Hold



"Probable cause to believe a person has a mental health disorder and, as a result of the mental health disorder, is an imminent danger to the person's self or others or is gravely disabled."

Complete the M-1 Application in full.

⇒Stating the circumstances under which the person's condition was called to your attention. ⇒Stating sufficient facts to establish that the person has a mental health disorder and, as a result of the mental health disorder, is an imminent danger to themselves/others or is gravely disabled.

 \Longrightarrow Stating when the person was taken into custody.

⇒Identifying who brought the person's condition to your attention.

When placed on the hold:

- ⇒Transport to a designated facility or an emergency medical services facility
- ⇒Best practice to provide the patient their rights upon placing the hold.
- ⇒The facility may detain the person for no longer than 72-hours.
- ⇒Shall receive an evaluation ASAP.
- ⇒Shall receive treatment and care as reauired.

Complete forms M-1, M-2, and M-1.5.

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M-2 Emergency Mental Health Hold Rights

- 1) Reason for detainment and limitations of that detainment
- 2) Informed—Your hold began on (date and time) and there is potential for this to end prior to 72 hours or extend past 72 hours
- 3) Telephones—reasonable access and to keep and use your own
- 4) Clothing and possessions
- 5) Your attorney
- 6) Patient representative
- 7) Medications—right to refuse
- 8) Voluntary evaluation
- 9) No discrimination
- 10) Basic needs—appropriate water, hygiene, and food

- 11) Visitors
- 12) Religious practices
- 13) Confidentiality
- 14) Fingerprints and photographs except as required by law
- 15) Records

Your rights may only be denied if access to an item, program, or service would cause you to destabilize or would create a danger to yourself or others.

If you feel at any time your rights have been violated you have the right to file a complaint against the facility with the Behavioral Health Administration and/or the Colorado Department of Public Health and Environment. Your patient representative will assist you in making a formal complaint or grievance if requested.

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